



PSA
PAKISTAN SOCIETY OF
ANAESTHESIOLOGISTS LAHORE



The
ANAESTHESIOLOGY
22ND ANNUAL CONFERENCE

PAKISTAN SOCIETY OF ANAESTHESIOLOGISTS LAHORE

28-29-30 NOVEMBER
2025

PEARL CONTINENTAL HOTEL, LAHORE



Scientific
PROGRAM

📍 **Conference Secretariat:**

Department of Anaesthesia, ICU & Pain Management, LGH / PGMI Ferozpur Road Lahore.



PRE CONFERENCE WORKSHOP

Basics of Peri-Operative Transesophageal Echocardiography (TEE)

Time: 9:00 – 2:00

Thursday, 13 November, 2025

Venue: Pakistan Kidney and Liver Institute and Research Center (PKLI&RC)

Faculty:

Dr. Eitzaz Ud Din Khan
Dr. Shahbaz Hussain

Co. Faculty:

Dr. Salman Shahzad

Moderator/Organizer/Coordinator:

Dr. Tahir Nazeer
Dr. Yasir Bashir Butt

Point of Care Ultrasound

Time: 9:30am - 12:30pm

Wednesday, 19 November, 2025

Venue: Surgical Tower ICU

Faculty:

Prof. Dr. Jodat Saleem Dr. Anam Anwar
Prof. Dr. Laiqat Ali Dr. Hajra Shuja
Prof. Dr. Farrukh Afzal

Ultrasound Guided Upper Limb Blocks

Time: 9:00 - 12:00pm

Friday, 21 November, 2025

Venue: Surgical Tower Ground Floor Conference Room

Faculty:

Prof. Dr. Zahra Ishrat
Dr. Zarqa Rani
Dr. Hassan bin Khalid



DAY 1, FRIDAY, 28TH NOVEMBER 2025

8:00 am - 12:20pm

SESSION I

Emerald Hall A

Time	Details / Speakers / Panelists
8:00am – 12:00pm	1. Workshop; Emergency Front of the Neck Access Faculty: Dr Saqib Khan Sherwood Forest Hospital Trust, Nottinghamshire, UK 2. Workshop; Difficult airway workshop (endorsed by DAS) Faculty: Dr Asma Ashraf Khan (DAS airway workshop director.) Dr Asma Akram 3. Grand Round on Pediatric Airway Prof Saeeda Asaf
12:00pm – 12:20pm	

SESSION II

Time	Details / Speakers / Panelists
2:30pm – 6:00pm	4. Poster Competition / Case Report Competition <ul style="list-style-type: none"> Posters competition for PGR (EMERALD B) Case report PGR (EMERALD C) Case report & poster competition for Fellows (EMERALD A) Convener: Dr. Sadaf Malik / Dr. Farida Suhail / Dr. Riffat Saeed Crystal Hall A
2:30pm – 6:00pm	5. Workshop on Regional Anesthesia I. Hands and Minds-On: Case-Based Skill Workshop “Expanding the role of Ultrasound in Anaesthesia & Perioperative Care” Dr Tahir M Akbar Dr Almas Iqbal Dr Leena Aziz Dr Farjad Sultan Dr Liaqat Ali Dr Azhar Rehman Dr Asma Abdus Salam Dr Musa Raza Dr Syed Mahmood Dr Tanveer Hussain Dr Amir Furqan Dr Sairah Sadaf



DAY 1, FRIDAY, 28TH NOVEMBER 2025

6:00pm-7:50pm

Session III

Crystal Hall B

Anesthesiology in Health Emergencies

Time	Topic	Speaker
6:00pm – 6:20pm	Beyond the Operating Room: The role of Anaesthesiologists in Health Emergencies	Key Note Speakers Prof Fauzia Anis Khan
6:20pm - 6:40pm	Employing the "Human Factor" to navigate turbulent interaction with difficult surgeons; Leadership and Team work	Prof Saeeda Haider
6:45pm – 7:45pm	Panel Discussion: Beyond the Curriculum: Realities of Postgraduate Training	Moderator: Prof Jodat Saleem Panel: 1. Prof Gauhar Afshan 2. Prof Haq Dad Durrani 3. Prof Ashraf Zia 4. Prof Rana M Altaf 5. Prof Saeeda Asif 6. Prof Liaqat Ali
7:45pm - 7:50pm	INAUGURATION OF LECTURE NOTE BOOK Anesthesia Updates: Addressing challenges in resource-limited settings	EDITORS: Prof Fauzia Anis Khan Prof Gauhar Afshan Dr Aliya Ahmad



DAY 1, FRIDAY, 28TH NOVEMBER 2025

8:00pm-9:00pm		Inaugural Ceremony	Crystal Hall B
8:00pm – 8:10pm	Recitation of Holy Quran & National Anthem		
8:10pm – 8:15pm	PSA Society Report	Prof Ashraf Zia	
8:15pm – 8:20pm	Address by President PSA Lahore	Prof Jodat Saleem	
8:20pm – 8:25pm	Address by President PSA Centre	Prof Rana Altaf Ahmad	
8:25pm – 8:30pm	Address by Patron PSA Lahore	Prof Shahida Khawaja	
8:30pm – 8:35pm	Address by Patron PSA Centre	Prof Tipu Sultan	
8:35pm – 8:40pm	Life Time Achievement Award		
8:40pm – 8:45pm	Address by Guest of Honour	Prof Khalid Masood Gondal	
8:45pm – 8:50pm	Address by Chief Guest Honourable Minister of Health; Punjab	Khawaja Salman Rafique	
8:50pm – 9:00pm	Scientific Exhibition Inauguration		
9:00 pm	Dinner Grand Ball Room		

DAY 2, SATURDAY, 29TH NOVEMBER 2025

9:00am-11:00am		Session IV	Crystal Hall B
Time	Topic	Speaker	
9:00am – 10:00am	Panel Discussion: Financial Acumen for Anesthesiologists in Pakistan – Hurdles & Realities of Private Practice	Moderator: Dr. Sadaf Malik Panel: 1. Prof Wasim Ismut 2. Prof Imran Shah 3. Prof Syed Noor ul Haq 4. Dr Arshad Taqi	
10:00am – 11:00am	The Miracle: A Patient I Can Never Forget	Moderator: Prof Farrukh Afzal Speakers: 1. Prof Dr Khalid Bashir 10 min 2. Brig (Rtd) Dr. Muhammad Zameer Rajput 10 min 3. Brig (Rtd) Dr Safdar Ali Khan 10 min	
10:30am – 11:00am	Q & A		
11:00am – 11:30am	Tea		



DAY 2, SATURDAY, 29TH NOVEMBER 2025

11:30am-1:30pm

Session V

Crystal Hall B

Pathways to Excellence: From Public Sector Realities to Global Benchmarks

Chair: Prof Rana Altaf

Co-Chair: Prof Haqdad Durrani

Time	Topic	Speaker
11:30am - 11:45am	1. Cracking the Code: Delivering Quality Care in Public Sector Tertiary Care Hospitals	Prof Safia Zafar
11:45am - 12:00pm	2. From Gaps to Gains: Achieving International Accreditation	Dr Ahsan Waqar
10 min	Q & A	

Weighty Matters: Evolving Practices in Bariatric & Critical Care

Time	Topic	Speaker
12:10pm - 12:25pm	1. Critical Care for the Critically Overweight patients	Dr M Ashraf
12:25pm - 12:40pm	2. Bariatric Anesthesia – Evolving local vs International Practices	Dr Athar Siddiqui

Future Frontiers: From Green Practices to Genetic Precision

Time	Topic	Speaker
12:40pm - 12 55pm	1. Economic impact of sustainable anesthesia practice?	Dr Farjad Sultan
12:55pm – 1:10pm	2. Genetics in OR; Redefining anesthesia	Dr Asma Abdus Salam
1:10pm – 1:30pm	Q&A	



DAY 2, SATURDAY, 29TH NOVEMBER 2025

1:30pm-3:00pm

Session VI

Crystal Hall B

Pro Con Debates

Chairperson and Co-Chairperson: Prof. Muhammad Amir / Dr Atir Fayyaz

Time	Topic	Speaker
1:30pm – 1:45pm	Pro-Con Debate 1:	Pro: Dr Saqib Khan
1:45pm – 2:00pm	Green Anesthesia – Practical Reality or Expensive Luxury? Moderator: Dr Asma Akram	Con: Dr Sairah Sadaf
2:00pm – 2:15pm	Discussion	
2:15pm – 2:30pm	Pro-Con Debate 2: Black board or I pad; Old paths or new frontiers.	Conventional: Prof Naila Asad
2:30pm – 2:45pm	Moderator: Dr Riffat Saeed	Modern Tools: Dr Amir Furqan
2:45pm – 3:00pm	Discussion:	
3:00pm	Lunch	

Gala Dinner Grand Ball Room PC Lahore
8:00pm



DAY 3, SUNDAY, 30TH NOVEMBER 2025

9:00am-11:00am Session VII Crystal B / Emerald C

Time	Topic
9:00am – 10:30am	Crystal Hall B Free Paper Presentations by PGR Convener: Dr Sadaf Malik, Dr Riffat Saeed
9:00am – 10:30am	Emerald Hall C Free paper by Fellows Convener: Dr Sadaf Malik, Dr Fareeda Suhail
10:30am – 11:00am	Tea Break

9:30am-10:15am Launching of Sufentanil and Remifentanil Crystal Hall A

Time	Topic	Speaker
9:30am – 10:15am	Remifentanil & Sufentanil Clinical Insights and Practical Applications in Anesthesia Cake Cutting Ceremony	Prof Wang Guoli

11:00am-12:00pm Session VIII Crystal Hall B

Masterclass in Modern Practice: ICU, Labor & Beyond

Chair: Prof Nadeem Ahmed Khan

Co-Chair: Dr Col Khalid Ameer

Time	Topic	Speaker
11:00am – 11:15am	1. Top Ten ICU Pitfalls: Lessons for Safer Critical Care	Dr Saad-ur-Rehman
11:15am – 11:30am	2. Mastering Labor Analgesia: Smart Strategies for Training & Conversion to CS	Prof Rafia Tabassum
11:30am – 11:45am	3. Outpatient Surgery Unplugged: Navigating the Hidden Challenges in local practice	Dr Hameed Ullah
11:45am – 12:00pm	Q & A	



DAY 3, SUNDAY, 30TH NOVEMBER 2025

12:00pm-1:00pm Mind the Gap: Standards & Ethics in a Shifting Landscape Crystal Hall B

Chair: Prof Farrukh Afzal

Co-Chair: Prof Ashraf Zia

Time	Topic	Speaker
12:00pm – 12:15pm	1. Exporting Skills, Leaving Gaps; The Cost of Training for Export.	Dr Arshad Taqi
12:15pm – 12:30pm	2. Why Standards Slip: Understanding Deviations in Anesthesia Practice	Dr Sadaf Malik
12:30pm – 12:45pm	3. Professionalism in the Digital Era: Balancing Ethics and Social Media Presence	Dr Huma Saleem
12:45pm – 1:00pm	Q & A	

12:00pm-1:00pm Pain Session Crystal Hall A

Chair: Prof. Khalid Bashir, Prof. Leena Aziz, Prof. Liaquat Ali

Time	Topic	Speaker
12:00pm – 12:15pm	Neck Pain and Recent Advances	Dr Syed Mahmood Sheikh Zayed Hospital, Lahore
12:15pm – 12:30pm	Acute Pain Management: Evolving Trends, Evidence, and the Way Forward	Dr Sadaf Mushtaq National Hospital, Lahore
12:30pm – 12:45pm	Cancer Pain Management: A Local Perspective	Dr Ateeq Ur Rehman Ghafoor CAPP Associates – Evercare Hospital & Saleem Memorial Hospital
12:45pm – 1:00pm	Fellow Corner Case Presentation: Trigeminal Neuralgia – Best Practice Approach	Dr Wasim Younas Fellow in Pain Medicine, Ghurki Teaching Hospital
1:00pm – 1:15pm	Case Presentation: When the Arm Weakens: Unravelling Brachial Plexopathy in Breast Cancer	Dr Yusra Hussain Fellow in Pain Medicine, Sheikh Zayed Hospital



DAY 3, SUNDAY, 30TH NOVEMBER 2025

12:00pm-1:00pm Pain Session Crystal Hall A

1:15pm – 1:30pm	Case Presentation: Chronic Post-Surgical Pain – What to Remember	Dr Asma Bhatti Fellow in Pain Medicine, CAPP Associates – Evercare Hospital / Saleem Memorial Hospital
12:45pm – 1:00pm	Q & A	

1:00pm-3:00pm Session IX Crystal Hall B

Time	Topic	Speaker
1:00pm –1:40pm	Anesthesia Technologist Workforce – Strength or Liability?	Moderator: Dr. Shaharyar Ashraf Panel: 1. Prof Zara Ishrat 2. Dr Muazzam Butt 3. Dr Khawar Ali 4. Prof Liaqat Ali 5. Technologist: Abdul Mabood 6. Amna
1:40pm – 2:20pm	Panel: Developing local Guidelines for Sedation in ICU	Moderator: Dr. Faheed-ul-Haq Panel: 1. Dr Jodat Saleem 2. Dr Naveed Lateef 3. Dr Saeedah Asaf 4. Dr Khalid Ameer
2:20pm – 2:35pm	Results Announcement for Free Paper / Poster / Case Reports	
2:35pm – 2:50pm	Lottery Results Announcement	
2:50pm – 3:00pm	Vote of Thanks	Prof Naila Asad
3:00pm	Lunch	