



**PSA**  
PAKISTAN SOCIETY OF  
ANAESTHESIOLOGISTS LAHORE



The  
**ANAESTHESIOLOGY**  
22<sup>ND</sup> ANNUAL CONFERENCE

PAKISTAN SOCIETY OF ANAESTHESIOLOGISTS LAHORE

**28-29-30** NOVEMBER  
**2025**  
PEARL CONTINENTAL HOTEL, LAHORE  
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*Scientific*  
**PROGRAM**

📍 **Conference Secretariat:**

Department of Anaesthesia, ICU & Pain Management, LGH / PGMI Ferozpur Road Lahore.



## PRE CONFERENCE WORKSHOP

### Basics of Peri-Operative Transesophageal Echocardiography (TEE)

**Time: 9:00 – 2:00**

**Thursday, 13 November, 2025**

**Venue:** Pakistan Kidney and Liver Institute and Research Center (PKLI&RC)

**Faculty:**

Dr. Eitzaz Ud Din Khan

Dr. Shahbaz Hussain

**Co. Faculty:**

Dr. Salman Shahzad

**Moderator/Organizer/Coordinator:**

Dr. Tahir Nazeer

Dr. Yasir Bashir Butt

### Point of Care Ultrasound

**Time: 9:30am - 12:30pm**

**Wednesday, 19 November, 2025**

**Venue:** Surgical Tower ICU

**Faculty:**

Prof. Dr. Jodat Saleem

Prof. Dr. Laiqat Ali

Prof. Dr. Farrukh Afzal

Dr. Anam Anwar

Dr. Hajra Shuja



## **PRE CONFERENCE WORKSHOP**

### **Ultrasound Guided Upper Limb Blocks**

**Time: 9:00 - 12:00pm**

**Friday, 21 November, 2025**

**Venue:** Surgical Tower Ground Floor Conference Room

**Faculty:**

Prof. Dr. Zahra Ishrat

Dr. Zarqa Rani

Dr. Hassan bin Khalid



**DAY 1, FRIDAY, 28<sup>TH</sup> NOVEMBER 2025**

**SESSION I**

**Emerald Hall A**

<b>Time</b>	<b>Details / Speakers / Panelists</b>
8:00am – 12:00pm	<b>1. Workshop; Emergency Front of the Neck Access</b> <b>Faculty:</b> Dr Saqib Khan Sherwood Forest Hospital Trust, Nottinghamshire, UK <b>2. Workshop; Difficult airway workshop (endorsed by DAS)</b> <b>Faculty:</b> Dr Asma Ashraf Khan (DAS airway workshop director.) Dr Asma Akram
12:00pm - 12:20pm	<b>3. Grand Round on Pediatric Airway</b> Prof Saeeda Asaf



**DAY 1, FRIDAY, 28<sup>TH</sup> NOVEMBER 2025**

**SESSION II**

Time	Details / Speakers / Panelists
2:30pm - 6:00pm	<p><b>4. Poster Competition / Case Report Competition</b></p> <ul style="list-style-type: none"> <li>▪ Posters competition for PGR (<b>EMERALD B</b>)</li> <li>▪ Case report PGR (<b>EMERALD C</b>)</li> <li>▪ Case report &amp; poster competition for Fellows (<b>EMERALD A</b>)</li> </ul> <p><b>Convener:</b> Dr. Sadaf Malik / Dr. Farida Suhail / Dr. Riffat Saeed</p>
2:30pm – 6:00pm	<p><b>Crystal Hall A</b></p> <p><b>5. Workshop on Regional Anesthesia</b></p> <p><b>I. Hands and Minds-On: Case-Based Skill Workshop</b></p> <p>“Expanding the role of Ultrasound in Anaesthesia &amp; Perioperative Care”</p> <p>Dr Tahir M Akbar              Dr Almas Iqbal              Dr Leena Aziz              Dr Farjad Sultan              Dr Liaqat Ali              Dr Azhar Rehman              Dr Asma Abdus Salam              Dr Musa Raza              Dr Syed Mahmood              Dr Tanveer Hussain              Dr Amir Furqan              Dr Sairah Sadaf</p>



**DAY 1, FRIDAY, 28<sup>TH</sup> NOVEMBER 2025**

**6:00pm-7:50pm**

**Session III**

**Crystal Hall B**

**Anesthesiology in Health Emergencies**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
6:00pm – 6:20pm	Beyond the Operating Room: The role of Anaesthesiologists in Health Emergencies	<b>Key Note Speakers</b> Prof Fauzia Anis Khan
6:20pm - 6:40pm	Employing the “Human Factor” to navigate turbulent interaction with difficult surgeons; Leadership and Team work	Prof Saeeda Haider
6:45pm – 7:45pm	<b>Panel Discussion:</b> Beyond the Curriculum: Realities of Postgraduate Training	<b>Moderator:</b> Prof Jodat Saleem <b>Panel:</b> 1. Prof Gauhar Afshan 2. Prof Haq Dad Durrani 3. Prof Ashraf Zia 4. Prof Rana M Altaf 5. Prof Saeeda Asif 6. Prof Liaqat Ali
7:45pm - 7:50pm	<b>INAUGURATION OF LECTURE NOTE BOOK</b> Anesthesia Updates: Addressing challenges in resource-limited settings	<b>EDITORS:</b> Prof Fauzia Anis Khan Prof Gauhar Afshan Dr Aliya Ahmad



**DAY 1, FRIDAY, 28<sup>TH</sup> NOVEMBER 2025**

8:00pm-9:00pm	Inaugural Ceremony		Crystal Hall B
8:00pm – 8:10pm	Recitation of Holy Quran & National Anthem		
8:10pm – 8:15pm	PSA Society Report	Prof Ashraf Zia	
8:15pm – 8:20pm	Address by President PSA Lahore	Prof Jodat Saleem	
8:20pm – 8:25pm	Address by President PSA Centre	Prof Rana Altaf Ahmad	
8:25pm – 8:30pm	Address by Patron PSA Lahore	Prof Shahida Khawaja	
8:30pm – 8:35pm	Address by Patron PSA Centre	Prof Tipu Sultan	
8:35pm – 8:40pm	Life Time Achievement Award		
8:40pm – 8:45pm	Address by Guest of Honour	Prof Khalid Masood Gondal	
8:45pm – 8:50pm	Address by Chief Guest Honourable Minister of Health; Punjab	Khawaja Salman Rafique	
8:50pm – 9:00pm	Scientific Exhibition Inauguration		
9:00 pm	Dinner Grand Ball Room		



**DAY 2, SATURDAY, 29<sup>TH</sup> NOVEMBER 2025**

**9:00am-11:00am**

**Session IV**

**Crystal Hall B**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
9:00am – 10:00am	<p><b>Panel Discussion:</b>                      Financial Acumen for Anesthesiologists in Pakistan – Hurdles &amp; Realities of Private Practice</p>	<p><b>Moderator:</b> Dr. Sadaf Malik  <b>Panel:</b></p> <ol style="list-style-type: none"> <li>1. Prof Wasim Ismut</li> <li>2. Prof Imran Shah</li> <li>3. Prof Syed Noor ul Haq</li> <li>4. Dr Arshad Taqi</li> </ol>
10:00am – 11:00am	<p>The Miracle: A Patient I Can Never Forget</p>	<p><b>Moderator:</b> Prof Farrukh Afzal  <b>Speakers:</b></p> <ol style="list-style-type: none"> <li>1. Prof Dr Khalid Bashir 10 min</li> <li>2. Brig (Rtd) Dr. Muhammad Zameer Rajput 10 min</li> <li>3. Brig (Rtd) Dr Safdar Ali Khan 10 min</li> </ol>
10:30am – 11:00am		Q & A
11:00am – 11:30am		<b>Tea</b>



## DAY 2, SATURDAY, 29<sup>TH</sup> NOVEMBER 2025

11:30am-1:30pm

Session V

Crystal Hall B

### Pathways to Excellence: From Public Sector Realities to Global Benchmarks

**Chair:** Prof Rana Altaf

**Co-Chair:** Prof Haqdad Durrani

Time	Topic	Speaker
11:30am - 11:45am	1. Cracking the Code: Delivering Quality Care in Public Sector Tertiary Care Hospitals	Prof Safia Zafar
11:45am - 12:00pm	2. From Gaps to Gains: Achieving International Accreditation	Dr Ahsan Waqar
10 min	Q & A	

### Weighty Matters: Evolving Practices in Bariatric & Critical Care

Time	Topic	Speaker
12:10pm - 12:25pm	1. Critical Care for the Critically Overweight patients	Dr M Ashraf
12:25pm - 12:40pm	2. Bariatric Anesthesia – Evolving local vs International Practices	Dr Athar Siddiqui

### Future Frontiers: From Green Practices to Genetic Precision

Time	Topic	Speaker
12:40pm - 12 55pm	1. Economic impact of sustainable anesthesia practice?	Dr Farjad Sultan
12:55pm – 1:10pm	2. Genetics in OR; Redefining anesthesia	Dr Asma Abdus Salam
1:10pm – 1:30pm	Q&A	



## DAY 2, SATURDAY, 29<sup>TH</sup> NOVEMBER 2025

1:30pm-3:00pm

Session VI

Crystal Hall B

### Pro Con Debates

**Chairperson and Co-Chairperson:** Prof. Muhammad Amir / Dr Atir Fayyaz

Time	Topic	Speaker
1:30pm – 1:45pm	<b>Pro-Con Debate 1:</b> Green Anesthesia – Practical Reality or Expensive Luxury? <b>Moderator:</b> Dr Asma Akram	<b>Pro:</b> Dr Saqib Khan
1:45pm – 2:00pm		<b>Con:</b> Dr Sairah Sadaf
2:00pm – 2:15pm	<b>Discussion</b>	
2:15pm – 2:30pm	<b>Pro-Con Debate 2:</b> Black board or I pad; Old paths or new frontiers. <b>Moderator:</b> Dr Riffat Saeed	<b>Conventional:</b> Prof Naila Asad
2:30pm – 2:45pm		<b>Modern Tools:</b> Dr Amir Furqan
2:45pm – 3:00pm	<b>Discussion:</b>	
3:00pm	Lunch	

**Gala Dinner Grand Ball Room PC Lahore**

**8:00pm**



**DAY 3, SUNDAY, 30<sup>TH</sup> NOVEMBER 2025**

**9:00am-11:00am**

**Session VII**

**Crystal B / Emerald C**

<b>Time</b>	<b>Topic</b>
9:00am – 10:30am	<b>Crystal Hall B</b> <b>Free Paper Presentations by PGR</b> <b>Convener:</b> Dr Sadaf Malik, Dr Riffat Saeed
9:00am – 10:30am	<b>Emerald Hall C</b> <b>Free paper by Fellows</b> <b>Convener:</b> Dr Sadaf Malik, Dr Fareeda Suhail
10:30am – 11:00am	Tea Break

**9:30am-10:15am**

**Launching of Sufentanil and Remifentanil**

**Crystal Hall A**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
9:30am – 10:15am	Remifentanil & Sufentanil Clinical Insights and Practical Applications in Anesthesia <b>Cake Cutting Ceremony</b>	<b>Prof Wang Guoli</b>



## DAY 3, SUNDAY, 30<sup>TH</sup> NOVEMBER 2025

11:00am-12:00pm

Session VIII

Crystal Hall B

### Masterclass in Modern Practice: ICU, Labor & Beyond

**Chair:** Prof Nadeem Ahmed Khan

**Co-Chair:** Dr Col Khalid Ameer

Time	Topic	Speaker
11:00am – 11:15am	1. Top Ten ICU Pitfalls: Lessons for Safer Critical Care	Dr Saad-ur-Rehman
11:15am – 11:30am	2. Mastering Labor Analgesia: Smart Strategies for Training & Conversion to CS	Prof Rafia Tabassum
11:30am – 11:45am	3. Outpatient Surgery Unplugged: Navigating the Hidden Challenges in local practice	Dr Hameed Ullah
11:45am – 12:00pm	Q & A	



## DAY 3, SUNDAY, 30<sup>TH</sup> NOVEMBER 2025

12:00pm-1:00pm

**Mind the Gap: Standards & Ethics in a  
Shifting Landscape**

Crystal Hall B

**Chair:** Prof Farrukh Afzal

**Co-Chair:** Prof Ashraf Zia

Time	Topic	Speaker
12:00pm – 12:15pm	1. Exporting Skills, Leaving Gaps; The Cost of Training for Export.	Dr Arshad Taqi
12:15pm – 12:30pm	2. Why Standards Slip: Understanding Deviations in Anesthesia Practice	Dr Sadaf Malik
12:30pm – 12:45pm	3. Professionalism in the Digital Era: Balancing Ethics and Social Media Presence	Dr Huma Saleem
12:45pm – 1:00pm	Q & A	



## DAY 3, SUNDAY, 30<sup>TH</sup> NOVEMBER 2025

12:00pm-1:00pm

Pain Session

Crystal Hall A

**Chair:** Prof. Khalid Bashir, Prof. Leena Aziz, Prof. Liaquat Ali

Time	Topic	Speaker
12:00pm – 12:15pm	Neck Pain and Recent Advances	Dr Syed Mahmood Sheikh Zayed Hospital, Lahore
12:15pm – 12:30pm	Acute Pain Management: Evolving Trends, Evidence, and the Way Forward	Dr Sadaf Mushtaq National Hospital, Lahore
12:30pm – 12:45pm	Cancer Pain Management: A Local Perspective	Dr Ateeq Ur Rehman Ghafoor CAPP Associates – Evercare Hospital & Saleem Memorial Hospital
12:45pm – 1:00pm	<b>Fellow Corner</b> Case Presentation: Trigeminal Neuralgia – Best Practice Approach	Dr Wasim Younas Fellow in Pain Medicine, Ghurki Teaching Hospital
1:00pm – 1:15pm	Case Presentation: When the Arm Weakens: Unravelling Brachial Plexopathy in Breast Cancer	Dr Yusra Hussain Fellow in Pain Medicine, Sheikh Zayed Hospital
1:15pm – 1:30pm	Case Presentation: Chronic Post-Surgical Pain – What to Remember	Dr Asma Bhatti Fellow in Pain Medicine, CAPP Associates – Evercare Hospital / Saleem Memorial Hospital
12:45pm – 1:00pm	Q & A	



**DAY 3, SUNDAY, 30<sup>TH</sup> NOVEMBER 2025**

**1:00pm-3:00pm**

**Session IX**

**Crystal Hall B**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
1:00pm – 1:40pm	Anesthesia Technologist Workforce – Strength or Liability?	<b>Moderator:</b> Dr. Shaharyar Ashraf <b>Panel:</b> <ol style="list-style-type: none"> <li>1. Prof Zara Ishrat</li> <li>2. Dr Muazzam Butt</li> <li>3. Dr Khawar Ali</li> <li>4. Prof Liaqat Ali</li> <li>5. Technologist: Abdul Mabood</li> <li>6. Amna</li> </ol>
1:40pm – 2:20pm	Panel: Developing local Guidelines for Sedation in ICU	<b>Moderator:</b> Dr. Faheed-ul-Haq <b>Panel:</b> <ol style="list-style-type: none"> <li>1. Dr Jodat Saleem</li> <li>2. Dr Naveed Lateef</li> <li>3. Dr Saeedah Asaf</li> <li>4. Dr Khalid Ameer</li> </ol>
2:20pm – 2:35pm	Results Announcement for Free Paper / Poster / Case Reports	
2:35pm – 2:50pm	Lottery Results Announcement	
2:50pm – 3:00pm	Vote of Thanks	Prof Naila Asad
3:00pm	Lunch	